

Sharp HealthCare Community Benefit Plan at a Glance

Fiscal Year 2016

As a not-for-profit organization, Sharp HealthCare places great value on the health and wellness of the San Diego community. Sharp's mission is to improve the health of those it serves with a commitment to excellence in all that it does.

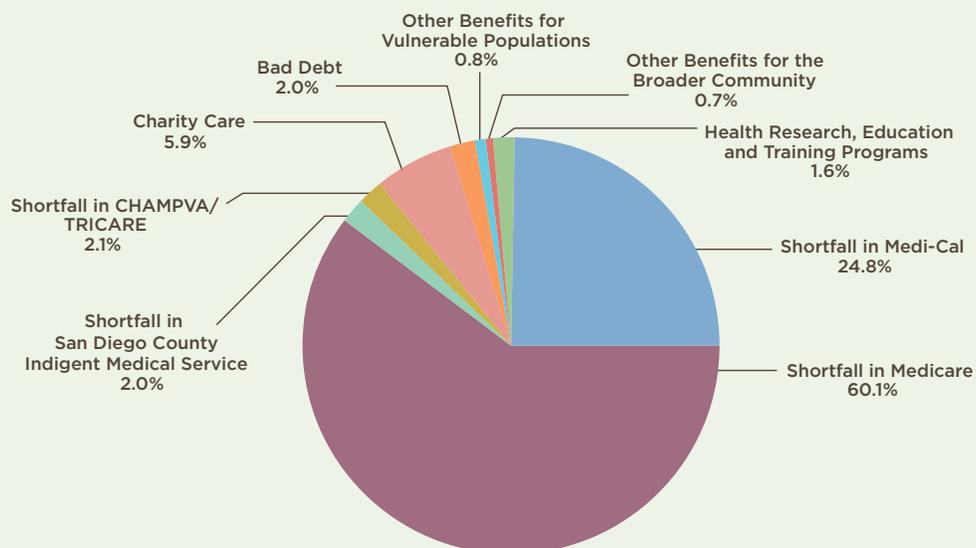
The more than 20,000 affiliated physicians, nurses, staff and volunteers are dedicated to providing the extraordinary level of care called The Sharp Experience.

As a reflection of Sharp's charitable mission, the organization contributed more than \$319 million in unreimbursed community benefit in fiscal year 2016 — the difference between the cost of services provided and reimbursement received.

Sharp provided free care to 1,488 inpatients and 64,314 outpatients. Sharp also performed 792 free surgeries with 60 percent of those surgeries requiring extended stays in Sharp hospitals. One of every \$11 of Sharp's net revenue was spent in direct support of the community.

This summary features a snapshot of community benefit programs provided by Sharp in fiscal year 2016, as well as stories highlighting the impact of Sharp's community service. To view the entire *Sharp HealthCare Community Benefit Plan and Report, Fiscal Year 2016*, or to learn more about Sharp's involvement in the community, visit sharp.com/community.

FY 2016 Community Benefit



The Impact of Sharp: Stories From the Community

Sharing the Power of Prevention



Ruth Lehre (right) partnered with Sharp Grossmont Hospital to bring breast cancer awareness to members of her local gym, Women's Fitness World.

Ruth Lehre believes that fitness is the perfect prescription for many things that ail us, both physical and mental. As an instructor and program developer for a local women's gym, she also believes in preventive care, and encourages women to be proactive in protecting their health.

Ruth's partnership with Sharp Grossmont Hospital began after losing her sister to breast cancer. In her early 60s, Ruth's sister discovered a lump under her clavicle and steadfastly refused to seek further examination or treatment. She was later diagnosed with breast cancer, which spread to her lungs, brain and liver. It was then that Ruth found her calling.

"I knew I had to become an advocate for every woman who, like my sister, may have incorrect information or fear treatment once given a diagnosis," Ruth explains.

She attended several women's health workshops at the hospital and remembered the valuable

information she received, as well as the dedication, expertise and compassion of the Sharp Grossmont team members.

Inspired by these workshops, Ruth contacted the hospital's Radiation Therapy Department, which offered to provide a private workshop on breast cancer and the importance of education, awareness and self-examination for members of her gym.

This partnership helped transform Ruth's passion into a mission that she carries out in her sister's memory. "I have to try to help as many women as possible to prevent another untimely death like my sister's," says Ruth. "We all need to do our part, be responsible for our health and do what we can to fight cancer together."

Shining a Light on Behavioral Health



Lou Bareno (left) found hope in understanding his family member's mental illness after attending Sharp Chula Vista's South County Behavioral Health Resource Fair.

Through volunteering with the Sharp Chula Vista Medical Center Auxiliary, Lou Bareno sees firsthand how his efforts make a difference in the community. He has also been a recipient of the community education and outreach provided by the hospital and its volunteers.

When Lou's beloved wife, Maria, passed away in 2008, he felt uncertain about how he would spend his time without her. "I knew what it felt like to be in the hospital or to have a loved one who is sick, and I wanted to help people like I was helped," Lou says. He began volunteering at the hospital and later joined the Auxiliary board of directors as vice president for community outreach.

While volunteering at Sharp Chula Vista's inaugural Changing Minds - Minds Matter South County Behavioral Health Resource Fair, Lou attended a presentation by a local motivational speaker with bipolar disorder — a mental illness marked by severe mood swings.

Lou was transfixed by the speaker's message, having personally experienced the challenges of living with a relative who has bipolar disorder. He and his wife had struggled for years to understand their family member's mental illness and now Lou was finally learning both how to cope, as well as how to help his loved one.

"It truly impressed me how open the speaker was about his disorder," Lou expressed. "He talked about how to talk to our loved ones and, more importantly, how to listen to them. He told us never to give up. Like volunteering, his message gave me hope."

Delivering Meals — and Community

In the early 1990s, Captain William H. "Buck" Rogers, a Naval officer who flew planes during World War II, volunteered with Meals on Wheels in Coronado. Each Friday, he and a partner loaded the van and delivered hot, nutritious meals and a smile to more than a dozen homebound seniors.

"We delivered meals to the people that really needed it. It was a pleasure serving my neighbors and a nice way to end my week," says Capt. Rogers.

In 2015, Sharp Coronado Hospital partnered with Meals on Wheels San Diego County through the organization's Adopt-A-Route program. Sharp volunteers deliver more than 5,000 meals to Coronado seniors each year, including to Capt. Rogers, now 93.



Captain William H. "Buck" Rogers (right) receives daily meals and friendly conversations from the Sharp Coronado Hospital Meals on Wheels Adopt-A-Route.

Capt. Rogers began enjoying the Meals on Wheels service when his wife of 61 years, "Lou" Rogers, became ill and he started to lose his eyesight. The program allowed him to focus his energy on caring for Lou, and he continued to receive meals after she passed away.

"The Meals on Wheels volunteers do more than just deliver meals," Capt. Rogers says. "They have an interest in you and offer a means of communication with other people when you might not otherwise have that opportunity each day."

Capt. Rogers knows from experience that volunteers get almost as much — if not more — out of delivering meals and caring for neighbors.

"The food is very good, but there's more to Meals on Wheels," he says. "Someone is always looking out for you. They give a little smile and offer a little happiness — just like good neighbors do."

Highlights of Community Benefit Provided by Sharp HealthCare

Unreimbursed Medical Care Services, including uncompensated care for patients who are unable to pay for services; emergency department physician coverage; and the unreimbursed costs of public programs.

Other Benefits for Vulnerable Populations, including van transportation for patients to and from medical appointments; flu vaccinations and programs for seniors; financial and other support to community clinics to improve access to health services; specialized programs for those in need to access community resources and support, and thrive post-discharge; funding to assist patients who cannot afford to pay for medications, transportation and other needs; Meals on Wheels; contribution of time to Stand Down for Homeless Veterans, the San Diego Food Bank and Feeding San Diego; and the Sharp Humanitarian Service Program.

Other Benefits for the Broader Community, including participation in community health fairs and events; the provision of critical health education and support groups, preventive health screenings and flu vaccinations; as well as financial and in-kind support to community organizations that improve the health and wellness of the San Diego community. Sharp leaders participated in numerous community organizations, committees and coalitions to improve the health of San Diegans. Sharp also collaborated with local schools to provide students with experiences to spark interest in health care careers.

Health Research, Education and Training Programs, including supervision of residents and interns; sponsorship of health-related programs, classes and professors at local colleges and universities; and education and training programs for medical, nursing and other community health care professionals. Sharp also facilitates interdisciplinary research on health care practices in order to identify and promote quality patient care across the health care community through its Outcomes Research Institute.

Unreimbursed Community Benefit	FY 2016
Unreimbursed Medical Care Services	\$309,712,716
Other Benefits for Vulnerable Populations	2,702,467
Other Benefits for the Broader Community	2,062,814
Health Research, Education and Training	5,019,420
Total Unreimbursed Community Benefit	\$319,497,417



~ A Health Care Organization Designed Not For Profit, But For People ~