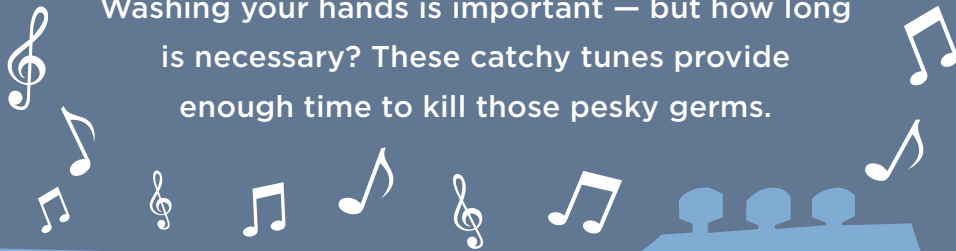


5 HAND-WASHING HARMONIES



Washing your hands is important — but how long is necessary? These catchy tunes provide enough time to kill those pesky germs.



Sing a song — for 20 seconds long



THE “ABC” SONG
THE CHORUS OF “SWEET CAROLINE”
“99 BOTTLES OF BEER”
“HAPPY BIRTHDAY”
THE “JEOPARDY” THEME SONG

Write your own tune

It’s easy! Simply choose a well-known kids’ song and write new words. From “Humpty Dumpty” to “Row, Row, Row Your Boat,” there are plenty of fun tunes to choose from.



How to wash



Use warm water and lather your hands with soap. Don't forget to wash both sides, in between your fingers and your wrists. Rinse by placing hands pointed downward under running water. This removes both the soap and the bacteria.

Why wash?

Hand-washing prevents the spread of germs.
Want to avoid the flu? Wash your hands frequently, and avoid touching your eyes, nose or mouth.



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