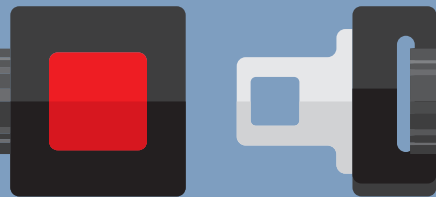


How to: install a car seat



Ninety-three percent of parents install car seats incorrectly when leaving the hospital.* Use these tips to help ensure your child's safety on the road.

Do not have the baby swaddled when in the car seat.

The chest clip should be level with the child's armpits.

Use either the seat belt or your car's LATCH system, but not both, to secure the car seat — unless the manual specifically says you can use both.

In the rear-facing car seat, the harness should come through the slot at or below the child's shoulders.

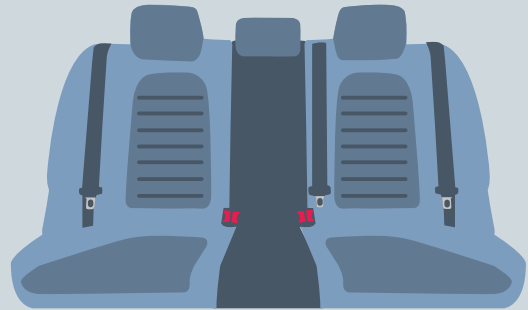


Tighten the harness snugly so that you can't pinch any slack between your fingers in the harness webbing.

RULES AND REGULATIONS



When leaving the hospital, Sharp nurses are required to inform all new parents about the car seat safety laws.



The middle of the backseat is the safest position for the car seat to be located.



Children should be kept in rear-facing car seats until age 2 or until they have reached height and weight maximums set by the car seat manufacturer.

*According to a study presented to the American Academy of Pediatrics in San Diego.