

Sharp Chula Vista Medical Center Case Management

“A case manager works with communities and people, helping them find options and services to improve their lives. We are advocates for finding and providing appropriate treatment, care or safety.”

Sharp Chula Vista has RN Case Managers to assist patients and their families with discharge planning needs. We are available seven days a week: 9 a.m. to 5:30 p.m. Monday through Friday and 8 a.m. to 4:30 p.m. Saturday, Sunday and holidays.

Upon admission the RN Case Managers perform an initial discharge planning assessment to help our patients have a safe discharge plan. We will ask questions like:

- Do you need any type of medical equipment?
- Do you now have any type of medical equipment at home?
- Do you have anyone to help you take care of yourself at home with bathing, shopping, transportation and doctor visits?

REMEMBER

Your Case Manager will assist you with discharge planning by asking you:

- Do you have the help you will need at home?
- What/who are your preferences for the help at home you will need?
 - Do you currently have a Home Health Agency taking care of you?
 - If not, do you have a Home Health Agency that you want us to contact to help you at home?

If you need assistance in contacting your RN Case Manager please ask your nurse and he/she will be able to direct us to you.

