

Dear Prospective Volunteer:

Thank you for your interest in the volunteer program at Sharp Grossmont Hospital. Our volunteers work throughout the hospital and share their skills to help the hospital fulfill its mission of excellence in patient care and customer service.

Adult and college student volunteers must be at least 18 years of age.

Volunteers must also complete the following steps:

- New volunteer orientation
- Personal interview (scheduled at the time of orientation)
- **Health screening (to be completed once in the program and after personal interview)**
- General training
- Additional training in the assigned job

Health Screening:

Below are the TB skin test and immunization requirements for volunteers at Sharp HealthCare. TB skin testing and Flu vaccine will be provided by Sharp Employee Occupational Health Department (EOHD) at no charge.

Any vaccine or titer documentation that is required will need to be completed by a provider of your choosing. The best options are to get vaccinated by 1) student health services or 2) your primary care provider if you have health insurance coverage for vaccines. If you do not have insurance or your insurance does not cover vaccines you can go to one of the San Diego Public Health Centers (SDPHC) which offers MMR and Tdap vaccine for \$10. We recommend you call SDPHC in advance to check on the availability of vaccines and if you are eligible to receive vaccine. If you are not eligible for vaccine provided by the County Public Health, you can be vaccinated at many drug store or grocery store pharmacies.

If there is a co-pay for your visit(s) Sharp HealthCare will reimburse your expenses up to \$20 per visit. Please present the original receipt to an EOHD office.

If you need a booster for MMR or Varicella, please do not get this until AFTER you have completed all of your TB skin testing at Sharp EOHD. If you have had a live virus vaccine such as MMR or Varicella, we are required to wait 4 weeks before we can give you a TB skin test and this would delay your start as a volunteer.

Volunteers in hospitals and clinics

1. 2 step TB skin test given 1 week apart at Sharp Employee Occupational Health Department (EOHD). Skin tests are read 48-72 hours after placement.
2. During Flu Season October to March, one dose of Seasonal Flu vaccine given in EOHD or proof of vaccination.
3. If you were born 1957 or later, provide EOHD with documentation of 2 doses Measles, Mumps, and Rubella (MMR) vaccine or a blood test with positive immunity. If you do not have a provider or insurance for the blood test, EOHD can order the test and you will be charged a maximum of \$70 cash payment due at time of service.

4. Provide EOHD with documentation of 1 dose Tetanus, Diphtheria, Pertussis (Tdap) given 2005 or later
5. A verbal statement if you have had chickenpox illness in the past or documentation of a positive varicella titer. If you have not had chickenpox you will need to provide EOHD with documentation of 2 doses of Varicella (chickenpox) vaccine. If you are unsure as to whether you had chickenpox, a blood test can be done as described in #3 above for an additional \$21 (or \$25 if only drawing chicken pox titer).

Volunteers in Women's Clinical Areas

1. 2 step TB skin test given 1 week apart at Sharp Employee Occupational Health Department (EOHD). Skin tests are read 48-72 hours after placement.
2. During Flu Season October to March, one dose of Seasonal Flu vaccine given in EOHD or proof of vaccination.
3. If you were born 1957 or later, provide EOHD with documentation of 2 doses Measles, Mumps, and Rubella (MMR) vaccine or a blood test with positive immunity. If you do not have a provider or insurance for the blood test, EOHD can order the test and you will be charged a maximum of \$70 cash payment due at time of service.
4. Provide EOHD with documentation of 1 dose Tetanus, Diphtheria, Pertussis (Tdap) given 2005 or later
5. Provide EOHD with documentation of immunity to Chickenpox. You can provide either a titer (blood test) showing proof of immunity if you have had chickenpox in the past OR if you have not had chicken pox you will need documentation of 2 doses of Varicella (chickenpox) vaccine.

The San Diego Public Health Centers (SDPHC) offer Varicella vaccine for \$10 if you are less than age 18 years old. If you are over 18 you may have a blood test for Varicella to determine if you are immune. The blood test for Varicella can be ordered by your primary care doctor OR if you do not have insurance EOHD can order the test and you will be billed \$25. If the blood test shows you are not immune you will need to be vaccinated.

Volunteers in most service areas will also need to purchase a volunteer uniform. We require a minimum commitment of 100 hours of service, and most volunteers work at least two 4-hour shifts per month. Volunteers are eligible for a wide range of benefits, including a free meal while on duty and the opportunity to participate in some of the same programs and discounts offered to hospital staff.

We offer a variety of volunteer opportunities and make every effort to match your particular skills and interests with the hospital's needs. If you are interested in learning more about the volunteer program at Sharp Grossmont Hospital, please complete the attached application and return it to us in the envelope provided.

If you have any questions regarding this process, please call the Volunteer Office at (619) 740-4059, or email sgh.volunteers@sharp.com. Again, thank you for your interest in Sharp Grossmont's Volunteer Program.

Sincerely,



Linda Van Fulpen
Manager of Volunteer Services



Katrina Villard
Supervisor of Volunteer Services

SHARP Grossmont
Hospital
Adult Volunteer Application

Last Name	First	Middle Initial
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Street Address

City	State	Zip
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Home Phone	Work Phone	Cell Phone
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E-mail Address

Emergency Contact	Relationship	Phone
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Education

I am currently: Employed Unemployed Retired
 In school – *Please submit the **College Student Application** instead*

Work Experience

Volunteer Experience

Sharp Grossmont Hospital ~ Adult Volunteer Application

Special Skills/Hobbies

Do you have any physical disabilities that would limit your volunteer activities? If so, please describe:

What do you hope to gain from your volunteer experience?

How did you hear about our program?

Preferred work hours: Days Evenings Weekends
Preferred area of service: Clerical Patient Visits Visitor Assistance
 Gift Shop Thrift Shop Other (See below)

Other: _____

I understand that I am volunteering my services to Sharp Grossmont Hospital without promise or expectation of compensation or future employment. I further agree to serve as a volunteer for a minimum of 100 hours within the next year.

Signature

Date

Please return completed application to:
Sharp Grossmont Hospital, Attn: Volunteer Services,
P.O. Box 158, La Mesa, CA 91944
Or e-mail the application to: SGH.Volunteers@Sharp.com

Sharp Grossmont Hospital Volunteers Can...

Talk to patients * Answer phones * Deliver medications * Sew lap robes for Rehabilitation patients * Push wheelchairs * Greet visitors * Stuff envelopes * Escort patients and visitors * Assist in our Gift Shops * Crochet baby hats * Run errands * Help out at our Thrift Store * Sew gowns for children in the Emergency Room * Swim with rehab patients * Deliver flowers to patients * Stock medical supplies * Drive a golf cart shuttle * Staff blood drives * Sing to patients * Deliver books and magazines to patients * Assist families in the Emergency Room * Use a computer * Offer spiritual support to patients and their families * Raise money for the hospital * Deliver radios and DVDs to patient rooms * Escort pet therapy dogs * Make copies * Comfort patients and families * Make new friends

And most of all – make a difference!

Sharp Grossmont Hospital Volunteer Services
(619) 740-4059
www.sharp.com/grossmont

SHARP® Grossmont
Hospital

**QUESTIONS TO CONSIDER BEFORE YOU APPLY
TO BECOME A VOLUNTEER**

QUESTIONS:

1. Have I carefully considered my schedule and know that I can commit to a weekly or bimonthly, four-hour volunteer shift, for at least one full year?
2. Do I have a positive attitude and a sincere interest in serving as volunteer at Sharp Grossmont Hospital?
3. Will I treat my volunteer responsibilities with the same respect I do work and school obligations, committing to serve on a scheduled shift and time?
4. Do I enjoy working in new situations, taking on different duties, and/or helping in additional ways based on the needs of people around me?
5. Am I comfortable making repeated trips to Sharp Grossmont Hospital to complete the new volunteer Orientation, interview, health clearance, General Training, and individual assignment training all before my volunteer assignment begins?

IF YOU ANSWERED “YES” TO ALL OF THE ABOVE QUESTIONS, WE WELCOME YOU TO CONTINUE PURSUING A VOLUNTEER POSITION AT SHARP GROSSMONT HOSPITAL.

TO EXPLORE FURTHER, PLEASE READ THE FOLLOWING STATEMENTS:

1. I am looking for a shadowing or internship opportunity with a member of the medical staff.
2. I am counting on my volunteer position leading to employment at Sharp Grossmont Hospital.

IF YOU ANSWERED “YES” TO EITHER OF THE ABOVE TWO STATEMENTS, THE VOLUNTEER PROGRAM AT SHARP GROSSMONT HOSPITAL MAY NOT BE A GOOD FIT FOR YOU.