

## Diabetes Medication Instructions Before Surgery or a Procedure

MEDICATIONS	Day Before Surgery or Procedure		Day of Surgery or Procedure
Any Diabetes Medication pills you take by mouth	Take usual dose(s)		Do not take.
<b><u>Rapid/Short Acting Insulins:</u></b> □ Lispro (Humalog) □ Aspart (Novolog), □ Glulisine (Apidra) □ Regular (Humulin R, Novolin R)	Before meals: Take Usual Dose	Bedtime dose: Do not take unless blood sugar is greater than 250 mg/dl	Do not take.
<b><u>Long Acting Insulin:</u></b> □ Lantus □ Levemir □ Toujeo □ Tresiba □ Ryzodeg	If your morning blood sugar is usually GREATER than 100 mg/dl, take your usual dose at bedtime or morning.	If your morning blood sugar is usually LESS than 100 mg/dl, decrease your usual dose by 20% at bedtime or in the morning. <b>(Usual dose x 0.8= amount of insulin to take at bedtime.)</b>	Do not take morning dose if you take this insulin twice a day.
<b><u>Other Insulins:</u></b> □ NPH (Humulin N, Novolin N) □ Humulin 70/30 □ Novolin 70/30 □ Novolog mix 70/30 □ Humalog mix 75/25	Contact your diabetes care doctor for instructions.		Do not take morning dose if you take this insulin twice a day.
<b><u>Injectables:</u></b> □ Bydureon □ Byeta □ Victoza □ Saxenda □ Adlyxin □ Trulicity □ Tanzeum □ Soliqua □ Xultrophy □ iDegLira	Take usual dose(s).		Do not take.
□ <b>Insulin Pump</b> □ <b>Humulin R U-500 Insulin</b>	Contact your diabetes care doctor for directions and let your surgeon know, one week before your surgery or procedure.		Tell your nurse about your insulin pump.

- If you have been given other instructions by your diabetes doctor, please tell the nurse.
- For other diabetes medications not on the list above, call your diabetes doctor for instructions.