

Trainee Admissions, Support, and Outcome Data

Date Program Tables are updated: 05 29 2018

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The APA Accredited Internship Program at Sharp Healthcare is designed as a generalist site. We offer broad & diverse training possibilities. Our rotations span the life-span with opportunities to work with serious mental illness and substance use disorders in child/adolescent, adult, and senior settings. We offer both inpatient and outpatient rotations with each of these populations, and we offer rotations in a specialty hospital for treatment of substance use disorders. You might choose to apply here so that you can obtain experience with a setting or population that is new to you or because you want to build on an area of expertise. We appreciate both types of applicant.

Interns who match with Sharp HealthCare are asked to rank order available rotations. Most years, interns are assigned to at least two of their top three choices. However, there are no guarantees and because we are a generalist site, applicants must be okay with assignment to ANY of our rotations. It is rare that interns would be assigned any "last choice" rotation, but it has happened. It's worth noting that interns often end up finding great value even in a rotation that they might not have initially ranked high.

We are frequently asked, "What are you looking for in your selection process?" Every APPI is thoroughly reviewed by at least two members of our psychology team, in addition to the training director. We carefully look at the rigor of university training, the depth and range of clinical experience, as well as other life experience. Interns who do well in our program arrive with advanced fluency in behavioral, third-wave, and traditional cognitive-behavioral theory and technique. Group therapy and psychological assessment experience is highly valued because these are both large parts of our training program and clinical services. We prize a devotion to empiricism (big E and little e) and evidence-based treatment. We also prize trainees who demonstrate emotional literacy, a desire to increase self-awareness, and an ability to communicate genuine respect for individuals who are similar to and different from them. Given the diversity in San Diego (e.g., in all components of the ADDRESSING model), and our desire to have an intern class that reflects that diversity, we appreciate learning about the individual diversity of our applicants. We prize applicants who demonstrate the abilities and traits required to thrive in a fast paced, interdisciplinary, collaborative, acute-care environment. Please refer to our website for additional details: <http://www.sharp.com/interns-fellows/doctoral-psychology-internship/>

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Required Minimum Direct Contact <i>Intervention</i> Hours	500 hours
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Required Minimum Direct Contact <i>Assessment</i> Hours	50 hours
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Describe any other required minimum criteria used to screen applicants:

Musts:

1. In good standing in an APA-accredited or CPA-accredited doctoral program in psychology.
2. Comprehensive exams passed by application deadline.
3. Dissertation proposal approved by start of internship.
4. Completed minimum of 3 years of graduate training by start of internship.
5. Able to attend an on-sight interview.

We are also looking for: a healthy sense of humor, a strong work ethic, a commitment to self-awareness and self care, a belief in the inherent worth of all human beings, a devotion to empiricism (big E and little e), a strong commitment to cultural competence, a strong interest in assessment (you'll do a lot of it here), strong interpersonal skills and demonstrated ability to work effectively as part of a team, excellent time-management skills, interest in advancing your competence as a clinical supervisor, interest in leadership and organizational/systems level influence

Financial and Other Benefit Support for Upcoming Training Year*	
Annual Stipend/Salary for Full-time Interns	23088
Annual Stipend/Salary for Half-time Interns	n/a
Program provides access to medical insurance for intern?	No
If access to medical insurance is provided:	n/a
Trainee contribution to cost required?	n/a
Coverage of family member(s) available?	n/a
Coverage of legally married partner available?	n/a
Coverage of domestic partner available?	n/a
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	80
Hours of Annual Paid Sick Leave	40
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes
Other Benefits (please describe): (1) 40 hours of paid admin time for dissertation work, conference travel, etc. (2) Annual intern retreat day, all expenses paid. (3) free meal, daily (4) free parking (5) San Diego :-) 	
*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table	

Initial Post-Internship Positions		
(Aggregated Tally for the Preceding 3 Cohorts)		
	2013-2016	
Total # of interns who were in the 3 cohorts	21	
Total # of interns who did not seek employment because they returned to their doctoral program/were completing doctoral degree	1	
	PD	EP
Community mental health center	2	0
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	1	0
Veterans Affairs medical center	3	0
Military health center	0	0
Academic health center	4	0
Other medical center or hospital	3	0
Psychiatric hospital	3	1
Academic university/department	0	0
Community college or other teaching setting	0	0
Independent research institution	1	0
Correctional facility	0	0
School district/system	0	0
Independent practice setting	2	0
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0
<p>Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.</p>		