

SHARP HEALTHCARE NEW GRADUATE RN RESIDENCY PROGRAMS

SHARP CHULA VISTA HOSPITAL

Sharp Chula Vista Medical Center is a 343 bed facility that delivers high-quality care and is the leading provider of health care services in the South Bay. A designated Planetree Patient-Centered Care Hospital, Sharp Chula Vista is home to the region's most comprehensive heart program and exceptional services for orthopedic care, neuro and spine surgery, intensive nursing care and Women and Infants care. The Douglas & Nancy Barnhart Cancer Center offers patients the most advanced treatment technology. The hospital has San Diego County's only comprehensive Bloodless Medicine and Surgery Center, which serves patients who wish to avoid blood transfusions for personal or religious reasons. Sharp Chula Vista Emergency Department offers an exceptional level of care and currently sees over 70,000 patients per year.

➤ **Emergency Department**

Emergency Department - Currently, we run 4 private care rooms and 48 patient beds 24 hours a day. In 2012, the ED at Sharp Chula Vista Medical Center, was redesigned. It is one of the most efficient, modern and advanced emergency care centers in all of San Diego County. In addition, the project included an expedited emergency care for minor injuries and illnesses using Rapid Medical Evaluation (RME), an express triage system.

SHARP GROSSMONT HOSPITAL

Sharp Grossmont Hospital is the largest not-for-profit, full-service acute care hospital in the region with 536 beds. The hospital has outstanding programs in heart care, orthopedics, rehabilitation, robotic surgery, mental health, stroke care and women's health. In addition, the hospital's Emergency and Critical Care Center is one of the most technologically advanced emergency and intensive care facilities in the nation. Sharp Grossmont Hospital is nationally recognized as a MAGNET®-designated hospital for patient care and nursing practices. This designation is the "gold standard" for patient care and nursing excellence and is the highest honor awarded by the American Nurses Credentialing Center.

➤ **Behavioral Health/Psych**

Medical Psychiatric Unit -12 bed open unit and part of 46 beds Inpatient Psychiatric Unit at Sharp Grossmont Hospital. This unit is designed for adults who have both medical and psychological diagnoses requiring 24-hour skilled nursing inpatient assistance. The unique strength of this program comes from combining physical and psychological care in one setting and best serve the needs of persons with a primary psychiatric diagnosis, who also have additional medical complications.

➤ **Emergency Department**

Emergency Department – Sharp Grossmont’s Emergency Department is one of the most technologically advanced of its kind. We are the busiest community emergency department in San Diego County seeing more than 100,000 patients a year treating a diverse population. We have also been designated by the county as a STEMI center, due to implementation of new cardiac protocols meeting county and national guidelines for treating acute MI patients. Additionally, we have achieved stroke center status due to our focus on providing expeditious diagnosis and treatment of stroke patients. We have a helipad that receives patients with medical emergencies, such as snake bites, heat stroke, and heart attacks, from our rural catchment area. Currently, we run 43 acute care beds 24 hours a day, plus 21 minor care and observation beds that are open during high volume hours. Opportunities for growth include MICN, advanced clinician, clinical lead and our new ICU/ED rotation.

➤ **Physical Rehab Unit**

Grossmont Rehabilitation Center’s Physical Rehab unit is a 30-bed mixed unit providing comprehensive care for acute rehabilitation patients recovering from traumatic injury or major illness as well as various types of medical and surgical patients. Due to the diversity of our patient population, our nurses are exposed to a unique amount of medical and surgical experience. Our staff is friendly and also diverse in age and culture. We use a primary nurse model of care, have nursing assistant support, work with an interdisciplinary team, and have self-scheduling. Grossmont Rehabilitation Center is certified by the California Association of Rehabilitations Facilities and also has a certification for our Stroke Program from the Joint Commission. We are committed to supporting our patients in their recovery, whether it is a 24 hour visit or 3 week hospitalization.

Progressive Care Units

Progressive Care Unit (2- East) - 2-East is a 37-bed Progressive Care Unit including a mix of oncology, pulmonary and medical/surgical patients. We collaborate with the Hospitalists, Oncologists and Case Managers to maximize the plan of care for our patients. We specialize in Oncology, Palliative and Hospice Care and share a unique appreciation in caring for End of Life patients. 2-East is a challenging and rewarding unit that requires critical thinking, time management and excellent communication skills. We offer the opportunity for career advancement and diversity. Oncology training classes, chemotherapy certification support and mentorships are available. We enjoy a friendly environment with staff experience ranging from new graduates to those who have worked on our unit for over 30 years. Benefits include a self-scheduling model, trained preceptors, and 24/7 leadership on the unit

2-North Innovations Unit is a 20-bed Progressive Care Unit. This unit cares for general medical patient population. We are looking for dynamic health care professionals that thrive on change and want to be on a team that has been given the opportunity to be on the cutting edge of improving the patient experience and outcomes of care through the exploration and adoption of new technologies, care delivery processes and supplies used in patient care. If you are self-motivated and love turning challenges into accomplishments, this may be the perfect opportunity for you!

Progressive Care Unit 3-East is a 36-bed unit that is specializing in Gastrointestinal and urinary patient population. We promote optimal patient care in a collaborative environment and provide an intermediate level of quality nursing care for a diverse patient population that includes ECG monitoring and assessment. Benefits include a self-scheduling model, trained preceptors, and 24/7 leadership on the unit.

Surgical-Cardiac Progressive Care Unit (4 East) is a 37-bed Surgical-Cardiac Progressive Care Unit. We are a dynamic group of nurses and medical professionals who are committed to providing the highest quality of care and respect to a culturally diverse patient population with the use of evidence-based practice. We care for patients with a variety of illnesses, which include congestive heart failure, renal failure and respiratory disease processes that require cardiac monitoring. We are the specialty floor for CAPD, peripheral ultrafiltration (PUF), hemodialysis and surgical flap for reconstructive surgery. The teamwork on our unit is achieved through a diverse staff, which includes new graduates as well as staff that have over 30 years of experience. The leadership team is dedicated to mentoring staff to achieve their professional goals, fostering collegial physician/nurse relationship and supporting the staff to achieve positive patient experiences. 4-East PCU has received the Gold Beacon Award for Excellence which is a designation conferred by the American Association of Critical-Care Nurses (AACN) to Progressive Care Units demonstrating clinical excellence.

Progressive Care Unit 5-East - 5-East is a 37-bed Neuro/Stroke Progressive Care Unit that focuses on the neurological management of patients. Sharp Grossmont Hospital is a Joint Commission-certified Primary Stroke Center and is one of the only hospitals in the San Diego-area with a specific unit dedicated to stroke care. 5-East provides its staff with the opportunity to work with Progressive Care/telemetry level of care and gain specialized skills in acute stroke care. It is our goal to improve the health of our patients through consistent, collaborative care and commitment to excellence utilizing outcome measurements and continuous quality improvement.

Sharp Grossmont Hospital's Outpatient Observation unit is 43 beds between 2 units: 3-North and 3-South share the patient population of short stay telemetry/medical/ with outpatient orders. The opportunity to work in collaboration with the Emergency Department, provide care that is focused on limited diagnoses and treatment within a short timeframe requires staff that are motivated to learn, able to prioritize care and attend the needs of the patients.

Progressive Care Unit 4-West is a 33-bed Progressive Care/Surgical unit with heavy emphasis on orthopedic/neurosurgical/general surgical patient populations. This fast-paced unit excels in helping to heal patients during their immediate post-operative periods. Our staff is dedicated to excellence in quality patient care, consistent with outcome driven goals, and to outstanding patient satisfaction through teamwork, interdisciplinary collaboration, positive nurse/physician relations, and connections with our patients and their families. Our unit has a dedicated educator, Advanced Clinicians, Lead nurses, and Nurse Manager all dedicated to a learning environment through mentorship. Our patient population is diverse in age, culture, and socio-economic status. We enjoy a friendly environment with staff experience ranging from new

graduates to those who have worked on our unit for over 30 years. Benefits include a self-scheduling model, trained preceptors, and 24/7 leadership on the unit

Progressive Care Unit 5-West is 45-bed Progressive Care Unit shared between 5-West (33-beds) and 2-South (12-beds) whose patient population includes post cath, post PTCA, TAVR patients, and any other cardiac diagnosis including post open heart surgery. We also provide care to all stable (trach) vent patients. Specialized training is provided for ventilators and epicardial pacing skills when you join our team.

➤ **Surgical Intensive Care Unit**

Surgical Intensive Care Unit is a 24 bed unit. Be a part of the "state of the art" Sharp Grossmont Hospital SICU opened October 2009. We moved into the Emergency and Critical Care Building and have expanded from 15 beds to 24 beds. Our patient population consists of pre and postoperative patients including craniotomies, open hearts, vascular and general surgeries, continuous renal placement therapy and mechanical assist device (Impella). Additionally, we care for the critically ill medical patients. Our unit has a cohesive team environment in which the nurses support and mentor others and are dedicated to providing excellent care to our patients. We encourage Critical Care Certification.

SHARP MARY BIRCH HOSPITAL FOR WOMEN AND NEWBORNS

As San Diego's only hospital dedicated to exclusively to women, Sharp Mary Birch Hospital for Women & Newborns offers a full range of health care services for women at all stages of life – from pregnancy to menopause to healthy aging. More babies enter the world at Sharp Mary Birch than any other hospital in California – about 9,500 each year. Sharp Mary Birch has been recognized as a Magnet[®] hospital for nursing and patient care excellence, is a certified Baby Friendly birth facility, and its Level III Neonatal Intensive Care Unit is recognized among the best in the world.

➤ **NICU**

NICU is a Level III 84-bed Neonatal Intensive Care Unit - the largest of its kind in Southern California. Technology and innovation are combined with the human touch to give at-risk babies the best start in life. With one of the largest very low birth weight populations in the U.S., the SMBHWN NICU is recognized for its outstanding neonatal outcomes among a database of over 200 hospitals. This NICU is a member of the Council of Women's and Infants Specialty hospital and provides high quality of care, excellent customer service, and great work environment.

➤ **Perinatal Special Care Unit**

The Perinatal Special Care Unit (PSCU) at Sharp Mary Birch is designated for San Diego women who have premature labor, or whose pregnancies have been complicated by conditions such as diabetes or high blood pressure. In addition, patients are admitted for observation due to a motor vehicle accident, polynephritis, uncontrolled post-partum hypertension and/or fertility treatment complications. The length of stay ranges from a few days to several months. A

highly-skilled team including nurses and perinatologists, care for the high-risk antepartum patient on this specially designed 36-bed unit. There are education and therapeutic activities for patient such as Arts for Healing, Pet Therapy, High Tea Time, and A-Z Education. This unit is a first of its kind in San Diego and women who are admitted to this unit receives focused care no matter the duration of their stay.

SHARP MEMORIAL HOSPITAL

Sharp Memorial Hospital, recognized as a Magnet designated hospital and designated as a Patient-Centered Hospital by Planetree, Inc. — the first hospital in San Diego with all private patient rooms — is dedicated to providing the highest-quality, patient-centered care and consists of 368 beds . Designed to promote comfort and healing with the use of natural light and soothing colors, the hospital offers the latest medical technology and innovations. Sharp Memorial is known for outstanding programs in cardiac and vascular care, cancer treatment, orthopedic and neurological services, rehabilitation, robotic surgery and multi-organ transplantation and has been recognized as a MAGNET®-designated hospital for nursing excellence.

➤ Adult Health; Medical Surgical/PCU Rotations

The New Grad Residency Program - Adult Health is a program designed to promote satisfying and successful role integration and enhance the overall experience and outcomes of the first year of professional nursing practice. Nurse residents are hired into the program and not a specific unit. Unit rotations and clinical experiences help determine the best fit for the nurse resident and the hospital. The one-year program focuses on developing role-based practice including the role components of practitioner, scientist, leadership, and transfer of knowledge.

Acute Care Units

Medical Surgical Oncology (1 West) is a 30 bed Medical Surgical inpatient Oncology unit at Sharp Memorial Hospital. This unit offers collaborative practice culture which provides family-centered holistic care within an interdisciplinary team model. Nursing practice is evidence based and utilizes nursing and interdisciplinary clinical research. Patients are cared for throughout the continuum from diagnostic work-ups through and including end of life. Patients are treated for symptom management, disease progression, and undergo various treatment modalities including chemo/biotherapy, radiation, and surgery. Our interdisciplinary team delivers compassionate, individualized care that embraces the mind, body and spirit within a therapeutic and healing environment.

Acute Care Unit (3 North) is a unique and new 32 bed Acute Care unit at Sharp Memorial Hospital. This unit receives a variety of medical and surgical inpatients that may require cardiac monitoring. The unit features private patient rooms and sleeper sofas for loved ones, which is in alignment with our environmental goals as a Planetree designated hospital. This unit provides a professional practice environment for candidates who practice a "team-oriented" approach to care and who are interested in being a part of innovative developments within Sharp

Healthcare. This is a dynamic unit where we pride ourselves in taking care of the whole person –mind, body and spirit in a healing and safe environment.

Medical Surgical Orthopedic Unit (4 North) is a 32 bed Orthopedic Unit at Sharp Memorial Hospital. This nursing unit specializes in total joint, hip, knee and shoulder replacements. Stable Telemetry and Medical Surgical patients also are cared for on 4 North. This team oriented nursing unit, led by a Nurse Manager and Unit Based Clinical Nurse Specialist, provide a supportive practice environment that promotes continued professional development in collaborative manner.

Medical Surgical (5 North) is a 32 bed Adult Medical Surgical unit at Sharp Memorial Hospital. This unit cares for patients requiring cardiac monitoring, respiratory support, and comprehensive management of Diabetic and Renal disease processes and associated comorbidities. The multidisciplinary team provides comprehensive care to patients and families in a holistic manner across the care continuum. The 5 North Leadership Team supports a professional practice environment which fosters professional integrity, teamwork and collaboration.

Surgical Acute Care Unit (6 North) is a dynamic 32-bed Surgical Acute Care unit at Sharp Memorial Hospital. Our highly skilled team provides service for patients post general surgical procedures including neuro surgeries, general urologic surgeries, bariatric surgeries and mandibular surgeries. The unit's model of care provides the resources to succeed in this fast paced environment and presents a variety of opportunities for professional growth through advanced roles (such as preceptor, mentor, resource nurse, relief Charge Nurse), as well as participation in unit/hospital councils and organizational initiatives. We invest in new team members to maximize their strengths and potential, and ensure they receive the education and support to thrive. We seek and choose candidates with a passion for nursing, leadership, and learning, along with strong interpersonal, critical thinking, and prioritization skills; if you possess these attributes, this could be the department for you!

Acute In-patient Rehabilitation is a 30 bed Nursing Unit at Sharp Memorial Hospital. This unit is specializing in the comprehensive care of acute Traumatic Spinal Cord and Brain Injured patients and Stroke patients, Neurological Impaired patients as well as Cardiac Left Ventricular Assistive Device (LVAD) patients. The staff is not only proud and passionate about what they do, but they are committed to providing the highest quality care to their patients.

Short Stay/Observation

Short Stay/Observation Department is a 60+ bed unit over four floors. As the only unit of its kind at Sharp Memorial, a Magnet and Planetree designated hospital; Short Stay/Observation is characterized by a fast paced, team oriented environment of care with a broad patient population. Our highly skilled team provides service for patients post procedure (including cardiac cath, lap chole, thyroidectomy, mastectomy) and with rule-out diagnoses (including chest pain, arrhythmias, syncope, SOB, trauma, TIA). Although the average length of stay is 24hrs, the focus of our inter-professional team is on quality, safety, discharge coordination and

providing the Sharp Experience while patients are with us. The unit's model of care provides the resources to succeed in this dynamic environment and presents a variety of opportunities for professional growth through advanced roles (such as preceptor, floor leader, relief Charge Nurse), as well as participation in unit/hospital councils and organizational initiatives. We invest in new team members to maximize their strengths and potential, and ensure they receive the education and support to thrive. We seek and choose candidates with a passion for nursing, leadership, and learning, along with strong interpersonal, critical thinking, and prioritization skills; if you possess these attributes, this could be the department for you!

Progressive Care Units

Trauma/Neuro Progressive Care Unit (4 West) is a 32-bed Trauma/Neuro Progressive Care Unit. Sharp Memorial Hospital has been designated as a San Diego County, Level 2 Trauma Center and received the American College of Surgeons *Verification of Resources for Optimal Care of the Injured Patient*. The Joint Commission's Certificate of Distinction as a Primary Stroke Center has been achieved by the staff as a result of long term success in improving patient outcomes.

This dynamic fast paced environment cares for patients across the healthcare continuum including minor to complex trauma with comorbidities. Neurological disorders span the spectrum from CVA, closed head injuries and severe seizure disorders. The multidisciplinary team provides patient and family centered care with the goal to individualize and personalize the entire hospital experience. We constantly seek out opportunities to improve quality of care and strive to provide the highest standards per evidence based practice. Centralized telemetry monitoring, Telemetry Technicians, unit based Clinical Nurse Specialist, educational and professional certification reimbursement contribute to a safe patient care environment and support professional growth.

Transplant/Medical Progressive Care Unit (5 West) is a 32-bed Medical Transplant Progressive Care Unit at Sharp Memorial Hospital. This unit provides patient-focused, family-centered quality care by promoting clinical excellence and improving quality of life. 5-West is a specialty unit caring for heart, kidney and pancreas transplant patients, cardiac mechanical assist device patients as well as patients requiring mechanical ventilation. All members of our interdisciplinary professional team demonstrate characteristics that transform the work force culture at Sharp Memorial Hospital and because of these exceptional people; we are making a difference for patients, families, physicians and co-workers.

Surgical/Cardiac Progressive Care Unit (6 West) is a 32-bed Surgical Progressive Care Unit that provides patients' and family centered care to clients with a wide range of general and cardio-thoracic surgeries including Coronary Artery Bypass Surgery, Trans-catheter Aortic Valve Replacement (TAVR), or Percutaneous Coronary Interventions (angioplasty/stents). We also care for patients with Acute Myocardial Infraction, Congestive Heart Failure and Peripheral Vascular Diseases requiring vascular thrombolytic therapy. 6-West is a proud recipient of The Silver Beacon Award for Excellence. We offer the unique opportunity to be part of the dynamic team making a tremendous impact on the lives of our surgical patients. 6-West offers an exceptional opportunity for professional growth as a preceptor, mentor, advanced clinician, and/or charge/resource nurse. Our Leadership team, that includes a unit-based Clinical Nurse Specialist, takes pride in promoting clinical competence by encouraging certifications, supporting staff in advancing their degree, and promoting active involvement in the unit and/or

hospital councils. We are looking for dynamic health care professionals that will provide only the highest quality, efficiency, and compassionate nursing care as part of our inter-professional healthcare team.

Medical Cardio/Pulmonary Progressive Care Unit (7 West) is a 32-bed Medical Progressive Care Unit provides patient-focused, family-centered care by promoting clinical excellence and improving quality of life. We primarily care for patients with complex cardio-pulmonary medical conditions such as, heart failure, atrial fibrillation, and acute coronary syndrome that often require continuous cardiac monitoring, non-invasive mechanical ventilation, and/or ongoing cardiac infusions for stabilization. Other common diagnoses include; Sepsis, Renal disease, Diabetes, Pneumonia, and COPD. 7-West offers an exceptional opportunity for professional growth as a preceptor, mentor, and/or charge nurse. Our Leadership team, that includes a unit-based Clinical Nurse Specialist, takes pride in promoting clinical competence by encouraging certification and supporting staff in advancing their degree. We are looking for dynamic health care professionals that will provide only the highest quality, efficiency, and compassionate nursing care as part of our inter-professional healthcare team.

► **Emergency Department**

Emergency and Trauma Center - One of only five adult trauma centers in San Diego County, it is the largest and most modern ED and is designed to reduce stress and waiting time. The center has 52 beds, including 4 trauma beds to serve the community. Sharp Memorial Hospital becomes first in San Diego to receive prestigious Lantern Award for Emergency Services. The Lantern Award, bestowed by the Emergency Nurses Association (ENA), recognizes emergency departments that exemplify exceptional and innovative performance in the core areas of leadership, practice, education, advocacy and research.

► **Intensive Care Units**

Surgical Intensive Care Unit (SICU 2 West) has opportunities for the experienced ICU RN or a training program for the RN transitioning into this level of care. SICU is a high security, 24 bed unit with a 1:1 or 1:2 ratio that has received Gold Beacon Status for demonstrating clinical excellence. The primary patient population includes cardiac surgical, major trauma and complex general surgical as well as a variety of mechanical assist devices.

Medical Intensive Care Unit (MICU 3 West) has opportunities for the experienced ICU RN or a training program for the RN transitioning into this level of care. MICU is a high acuity 24 bed unit with a 1:1 or 1:2 ratio, where the interdisciplinary team delivers compassionate, individualized care using state of the art and evidence-based patient management techniques. The primary patient populations include Mechanical Assist Devices (e.g. LVAD, RVAD, and IABP), multisystem organ failure, acute mi/interventional cardiology patients, cardiac emergencies/arrhythmia, respiratory failure/ventilator management, sepsis and shock, renal failure/continuous renal replacement therapy.

SHARP MESA VISTA HOSPITAL

As the largest behavioral health care provider in San Diego with 158 beds, Sharp Mesa Vista Hospital provides a full range of programs to people of all ages including children, adolescents, adults and seniors challenged by depression, substance abuse or serious mental illness. The hospital's robust Clinical Research Program has conducted more than 300 clinical trials of investigational medications since its inception in 1995, providing new options and hope for people with mental illness.

➤ Behavioral Health/ Psych Rotation

The unit rotations and clinical experience help determine the best fit for the nurse resident and the hospital. The Inpatient Psychiatric departments at Sharp Mesa Vista Hospital are: Psych ICU, Psych Adult Locked Psych, Intensive Treatment Program, Senior Behavioral, Psych Acute Open, Chemical Dependency and Child/Adolescent Psych.