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**SHARP HEALTHCARE COMMITS TO HIGH RELIABILITY**

In late 2014, Mike Murphy announced that Sharp HealthCare had committed to becoming a High Reliability Organization (HRO). To signify this change, leadership added a seventh Pillar, namely Safety, to our existing six Pillars of Excellence.



What does it mean to become a HRO? An HRO is an organization that has developed a culture sensitive to safety that makes it possible for all members of the workforce to prevent or mitigate accidents or errors. However, it is not only patient and employee harm that concerns Sharp, but being able to deliver all of our processes reliably so that we ensure zero harm and zero defects. High reliability supports our vision of becoming the best place to work, practice medicine and receive care.

In 2015, a team of 30 HRO Model Developers, including seven physician leaders, were selected from across the system to help define the initiative. They are responsible for developing and championing the strategies that will make Sharp the *safest* place to work, the *safest* place to practice medicine and the *safest* place to receive care. Additionally, a consultant with expertise in high reliability, Healthcare Performance Improvement (HPI), has been working with the Model Developers to ensure the strategies are sound.

The work of the Model Developers has been focused in six areas. They are: Continuous Process Improvement; Employee Safety; Measurement Systems; Mutual Respect; Reliability Huddles; and Teamwork. In 2016, following approval by Executive Steering, Joint Chiefs of Staff, and Medical Executive Committees, the strategies devised by the HRO Model Developers will begin to be rolled out. The focus in 2016 will be on leader training, teaching skills and behaviors that support a highly reliable culture.

If you are interested in learning more about our HRO journey, check out the HRO website on SharpNet. There you will find a list of the HRO Model Developers, articles about what makes a reliable culture, and both internal and external presentations. If you have questions or comments, contact [hro@sharp.com](mailto:hro@sharp.com).

**We want to hear from you—tell us your story!**

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## Sharp Rees-Stealy Medical Group Offers Dermatology Biopsy Workshops

Mark Sornson, MD, Dermatologist, began teaching a punch and shave biopsy workshop in November 2014 to help primary care physicians assess when to utilize a punch or shave biopsy based on patient and dermatological pathology. The workshop has been repeated periodically since and has received outstanding feedback each time. Physicians who have participated in the workshop are consistently performing biopsies and providing outstanding care to their patients.



Mark Sornson, MD



Rakhi Khatri, MD

Rakhi Khatri, MD, MPH, Internal Medicine, who participated in the workshop, said "I felt out of practice with doing skin biopsies. We had the opportunity to attend this hands-on workshop at the Rancho Bernardo site, conducted by Dr. Sornson. The small size made it perfect to ask one on one questions. Performing the procedures on a pig skin was a good refresher and jump started me into doing the procedure again. Now I look forward to the skin biopsies on my schedule. They offer a change of pace and a break in the monotony of the normal schedule. We have a tray with the forms and instruments we need ready all the time. Patients have been very pleased. It has helped me diagnose a few skin cancers. It has also been very helpful for diagnostic purposes in ruling out cancers and knowing that you can't always judge a mole by its looks. I would highly recommend attending one of these hands-on workshops to anyone who is looking to expand their skill set."

The 2016 schedule for workshops has yet to be determined, but if you're interested in participating please reach out to Chris Mattson, CME Representative at: [chris.mattson@sharp.com](mailto:chris.mattson@sharp.com).

## ABMS APPROVES SHARPHEALTH CARE AS PORTFOLIO SPONSOR

The American Board of Medical Specialties (ABMS) recently approved Sharp HealthCare as a Portfolio Sponsor. Sharp HealthCare has been granted authority to approve internal Quality Improvement projects meeting the portfolio guidelines for MOC Part IV credits, thus allowing physicians to submit their project completion for MOC Part IV\* (Improvement in Medical Practice) from the physicians specific specialty board. The MOC program provides board certified physicians a structured approach for enhancing patient care and improving patient outcomes through focused assessment and improvement activities. To date, the Portfolio Program has helped engage more than 8,000 physicians in practice improvement initiatives at hospitals and health systems across the country, many showing improvement in care outcomes, and has recognized their participation with MOC-eligible credit. Since its inception, more than 1300 QI efforts have been completed by Portfolio Program participants.

More details to come soon!

**LOOKING AHEAD...****Sharp Mary Birch Innovation Summit****Saturday, March 19, 2016****Paradise Point Resort and Spa**

"Shaping the Future of Obstetric," will be the theme of the 2<sup>nd</sup> Annual **Innovation Summit**, hosted by Sharp Mary Birch Hospital for Women & Newborns, on Saturday, March 19, 8 a.m. to 4:30 p.m. The summit will be held at the Paradise Point Resort and Spa.

The purpose of this educational event is to provide physicians updated information, research, and practical knowledge for women and newborns at all stages of life. Multidisciplinary specialists will share their expertise on key issues in obstetrics, gynecology, neonatology, and anesthesiology.

This year's keynote speaker is David Lagrew, M.D., Chief integration and Accountability Officer, Memorial Care Health Systems, Fountain Valley, California. His presentation, *The Future of Health Care: Women's and Children's Health 2021*, will include information on high risk pregnancies (i.e., multiple gestations), performing antenatal testing with ultrasound, and amniocentesis.

The summit will feature 20 breakout sessions covering a variety of topics, including *Menopause Symptoms & Latest Treatments* (Cynthia Stuenkel, M.D.), *Infertility Overview from the OB-GYN Perspective: Evaluation & Treatment* (Arlene Morales, M.D.), and *Delivery: Timing is Everything* (Norman Duerbeck, M.D.). The summit will conclude with *Tools for Emergency Response for Critical Obstetric Situations*, presented by Drs. Katheria, Gambling and Catanzarite.

We invite you to attend this upcoming event; the cost to attend is \$125. To register, please call 1-800-82-SHARP, or online at: <http://www.sharp.com/marybirchcme>



David Lagrew, MD

**Sharp HealthCare Vascular Disease and Stroke Management: From Prevention to Intervention****Saturday, April 9, 2016****Paradise Point Resort and Spa**

This year's "Vascular Disease and Stroke Management: From Prevention to Intervention " will feature current clinical information geared to primary care physicians, and other healthcare professionals . Among the topics and guest speakers that will be featured during this all-day conference are: "Convergence: From Battlefield to Bench-Top to Bedside," presented by Dr. Benjamin Starnes, Professor and Chief, Vascular Surgery, University of Washington, Seattle ; "Current Concepts and Management of Aortic Dissection," presented by Dr. William J. Quinones-Baldrich, Professor of Vascular Surgery, Director, of UCLA Aortic Center, UCLA Medical Center; and "Advancing Stroke Systems of Care to Improve Outcomes," presented by Dr. Gregg C. Fonarow, Professor of Medicine, Director, Ahmanson-UCLA Cardiomyopathy Center.

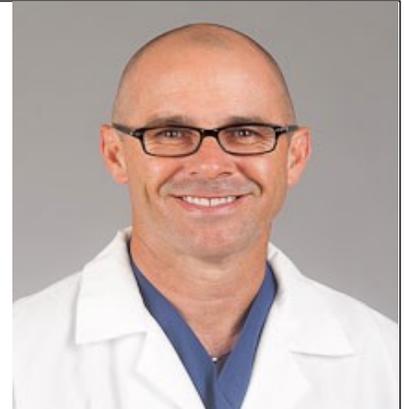
The conference is free, but registration is required. To register, please call 858-499-4560, or register online at: <http://www.sharp.com/vascularconference>

**Looking Back...****SEVERE SEPSIS 2016 - Wrap-Up**

On February 24, Dr. Scott Weingart, Chief of the Division of Emergency Critical Care at Stony Brook Hospital, New York, presented “Severe Sepsis 2016,” at Sharp Memorial Hospital. This activity was broadcast as a live webinar at other Sharp entities, including Sharp Grossmont, Sharp Coronado, and Sharp Chula Vista Hospitals.

Sepsis is on the rise in the United States, particularly among people 65-years of age and older. According to the *Center for Disease Control*, sepsis is the ninth leading cause of disease-related death in the United States, in which more than 258,000 Americans die of sepsis annually. Moreover, those living with compromised immune systems, including HIV patients, cancer patients, or patients awaiting kidney transplants, are also at increased risk of sepsis.

According to Dr. Joseph Bellezzo, Chief of the Emergency Department at Sharp Memorial Hospital, “There’s a lot that’s new in sepsis and it’s a very hot topic right now. Over the past decade the management of sepsis has evolved dramatically. There have been three major articles published on sepsis that have molded the way to how we now manage sepsis, which came together recently in the national *Surviving Sepsis Campaign*. As a result, CMS has developed new core measures by which hospitals are expected to meet specific goals during the management of sepsis. That has resulted in some confusion, a lot of consternation, and some criticism. At Sharp Memorial Hospital, we are actively working out our own workflows, algorithms, EMR power plans, etc., in order to both meet those CMS guidelines and provide optimal care to our septic patients.”



Joseph Bellezzo, MD

**Zika Virus in the News**

Should you be worried about the Zika virus? This question has been on every clinician's mind since the Center Disease Control (CDC), and the World Health Organization (WHO) have been tracking this virus since May 2015. (The Zika virus is a mosquito-borne flavivirus that was first identified in Uganda in 1947) In late February 2016, the San Diego County of Health and Human Services confirmed a Zika virus case involving a local woman who returned from a trip to Columbia, where she became infected. The San Diego woman has fully recovered, was not pregnant, nor was she hospitalized. (This is the third Zika case reported in San Diego County since 2014 who visited the South Pacific islands). In related news, the Dallas County Health & Human Services Department recently reported a case of the Zika virus that was transmitted by sex, rather than a mosquito bite. The patient with the Zika virus was infected after having sex with a traveler who had returned from Venezuela, where the Zika virus is circulating. “There are no native cases in the United States,” said Dr. Fred Fung, Sharp HealthCare Infection Prevention (SHIP) Committee. Dr. Fung went on to say “there is no person to person transmission by casual contact, so this atypical sexual transmission case is an exception probably due to bodily fluid exchange.” (The CDC is expecting a Zika virus increase in travelers visiting and returning to the United States) Clinicians should consider the Zika virus in patients who have traveled to areas named by the CDC with ongoing transmission two weeks prior to illness onset, who present with acute onset fever, maculopapular rash, arthralgia, and conjunctivitis.

For more information on the Zika virus, please visit the [CDC website](#)

### What's Happening in CME...

The most current list all upcoming CME and CPE activities can be found on the CME Portal. To access the CME Portal:

Go to: <http://www.sharp.com/cme>

Select **Login Now**

Select the left menu option as follows

**Live Courses** – Listing of upcoming conferences and live events

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**Calendar** – Listing of live courses and all current regularly scheduled series (RSS) such as Grand Rounds and Tumor Boards

If you're interested reviewing your personal information login to your CME Portal account using your username (email) and password. Remember, this information may not be the same as your Sharp login credentials.

If you need help, contact the CME Department at 858-499-4560 or the Technical Assistance Center at 858-627-5000.

Welcome to the Sharp HealthCare CME Portal

