Diabetes Medication: Before Surgery or a Procedure

If you have been given other instructions by your diabetes doctor, please tell the nurse.

One day before surgery or procedure:
• While still eating your usual diet, take all your diabetes medicines, including insulin up to any taken with dinner.
• **Insulin Instructions:**
  - At bedtime, do not take any short-acting insulin (Humalog, Novolog, Apidra, Regular) unless your blood sugar is higher than 250 mg/dl.
  - At bedtime, if you take a long-acting insulin (Lantus, Levemir, Toujeo, Tresiba, Ryzodeg):
    - Take your usual dose if your morning blood sugar is usually GREATER than 100 mg/dl.
    - Decrease your usual dose by 20% if your morning blood sugar is usually LESS than 100 mg/dl. *(Usual dose x 0.8= amount of insulin to take at bedtime)*

On the morning of surgery or procedure:
• **Insulin Instructions:**
  - If you take long acting insulin only in the morning (Lantus, Levemir, Toujeo, Tresiba, Ryzodeg, NPH, 70/30):
    - Take your usual dose if your morning blood sugar is usually GREATER than 100 mg/dl.
    - Decrease your usual dose by 20% if your morning blood sugar is usually LESS than 100 mg/dl.
  - If you take long acting insulin twice a day: Do not take the morning dose but follow the above instructions (under “one day before surgery”) for your bedtime dose.
  - If you take short-acting insulin in the morning (Humalog, Novolog, Apidra, Regular): Do not take this dose.
• Do not take any of your diabetes medications by mouth (pills).
• Do not take any of your non-insulin injectables: Adlyxin, Bydureon, Byetta, iDegLira, Saxenda, Soliqua, Tanzeum, Trulicity, Victoza, Xultrophy.

If you take Humulin R U-500 insulin:
• Let your surgeon know one week before your procedure or surgery.
• Speak with your diabetes doctor one week before your procedure or surgery.

If you use an Insulin Pump:
• Let your surgeon know one week before your procedure or surgery.
• Speak with your diabetes doctor one week before your procedure or surgery.
On the day of your surgery or procedure, tell your nurse about your insulin pump. The nurse will decide if you need to remove the pump.

**For other diabetes medications, call your diabetes doctor for instructions.**